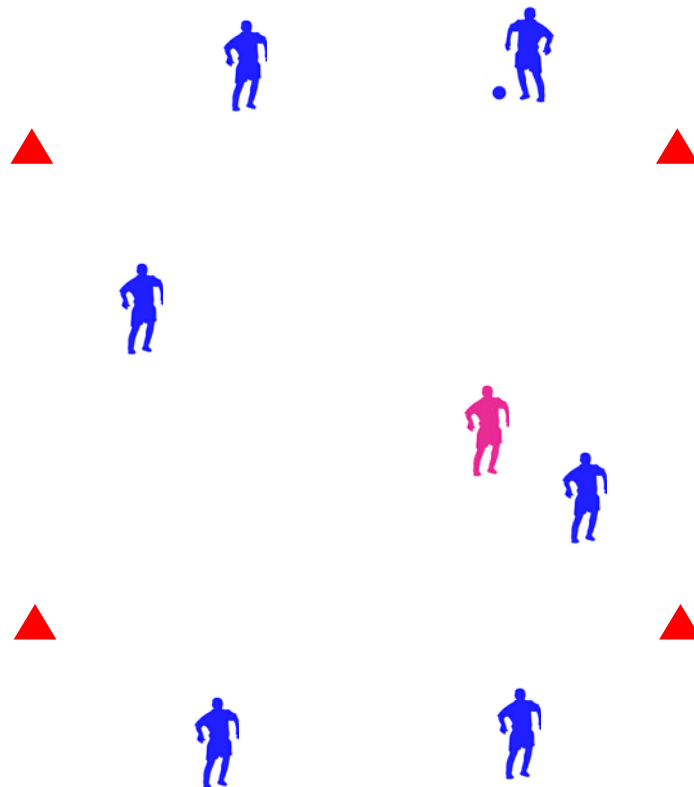


# Passing



2 players outside the square at the top

2 players outside the square at the bottom

Play 2 v 1 inside the square

The idea of the game is to move the ball from top to bottom and vice-versa, keeping the ball away from the red player.

Encourage the players in the square to spread out horizontally and vertically.

Can they play the ball quickly. Don't be afraid to pass the ball back to the players on the outside and then start again or switch the play quickly.

Demonstrate the side on position when receiving the ball in the square. Position your body where you can see where the ball is coming from and where you wish to pass it.